

RELEASE FORM

PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS

I, _____, the enrolled participant and/or the parent/guardian of the participant agree and understand that swimming is a **HAZARDOUS** activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to paralyzing injuries and death.

The participant hereby agrees to participate in the Diversified Aquatics SwimAmerica Program and hereby agrees to indemnify and hold harmless, Diversified Aquatics, New England Barracudas Swimming Team, Regis College, Watertown Boys and Girls Club, its coaches, officers, directors, agents and employees against any liability resulting from any injury that may occur to the participant while participating in the Diversified Aquatics SwimAmerica Program. The participant also agrees to indemnify Diversified Aquatics for any damages incurred arising from any claims, demand, action or cause of action by the participant.

The participant authorizes any representative of Diversified Aquatics, Regis College or the Watertown Boys & Girls Club to have the participant treated in any medical emergency during their participation in the Diversified Aquatics SwimAmerica Program. Further, the participant and/or parent/guardian agrees to pay all costs associated with medical care and transportation for the participant.

I have noted on the back of this form any medical/health problems of which the staff should be aware or have attached any further explanations necessary.

I HAVE CAREFULLY READ THE ABOVE LIABILITY RELEASE AND SIGN IT WITH FULL KNOWLEDGE OF ITS CONTENTS AND SIGNIFICANCE.

I understand that I have reserved only the classes paid for in advance and can not assume availability beyond this reservation. I also understand that there will be no make-up lessons for classes missed, unless the class is canceled by Diversified Aquatics, in which case an additional class will be added at the discretion of the management. While every effort will be made to maintain consistent staffing, there is no guarantee, implied or otherwise that a particular instructor will be available to teach a particular class. There are absolutely no refunds for classes missed due to absence, sickness or permanent withdrawal from the program. Private lessons must be paid for in advance and 48 hours notice is required to cancel or change a lesson or the fee will be forfeited.

Signed: _____

Date: _____

(Participant or parent/guardian if under 18)

DIVERSIFIED AQUATICS
56.5 Orange Street
Waltham, MA 02453
#1-781-894-2261
diversifiedaquatics.com



SwimAmerica™

conveniently located:

Regis College (Weston)

www.diversifiedaquatics.com

Diversified Aquatics SwimAmerica Program Registration Form [Please Print]

First Name: _____ Last Name: _____ M.I.: _____ Age: _____

Conditions and Medications: _____ Date of Birth: _____

Name of Parent or Guardian: _____ Home Phone: _____

Address: _____ Emergency Phone: _____

City or Town: _____ State: _____ Zip Code: _____ E-mail: _____

PLEASE SIGN OTHER SIDE!

Station Level: _____
 First Class Date: _____
 Referred By: _____

Fee is \$100/session of 8 lessons. Please make checks payable to:
 Diversified Aquatics, 56.5 Orange Street, Waltham, MA 02453.
 Swimmers level 3 and above will need rubber fins & goggles to participate.
 They will be available for purchase at the 1st class.

CLASS CHOICES

Registration must be received two weeks in advance of first class.
 Please fill in desired class times. Each session is eight half-hour lessons total. See below for offered class times.

MON	TUE	WED	THU	FRI	SAT
				X	X

GROUP LESSONS

Group lessons will be offered in ongoing sessions throughout the fall and winter months beginning September 29. Sessions consist of eight half-hour lessons and are available Monday, Tuesday, Wednesday and Thursday evenings at Regis College. You may custom design the session by selecting the number of lessons per week, the days of the week and the time of the lesson. Each session may be completed as one lesson per week for eight weeks, two per week for four weeks or four per week for two weeks. The cost is \$100.00/session of eight classes. Payment for all classes is by check made out to Diversified Aquatics. Please send your registration form and check to Diversified Aquatics, 56.5 Orange Street, Waltham, MA 02453. You must register at least two weeks in advance of the first class. Spaces in classes will be assigned in the order that the registrations are received. Registrations will not be accepted the day of the first class. Register in person or through the mail only. Call 1-781-894-2261 for more info and scheduling.

PRE level classes are for 3, 4 & 5 year olds who are ready to go in the water without their parent. Children's Classes (stations 1-10) are for children aged six and up. Station 1 & 2 (beginner), station 3 & 4 (advanced beginner), station 5, 6, 7 (intermediate), station 8, 9, 10 (advanced) are available at Regis College. Swimmers passing station 7 will be eligible for membership on the Diversified Aquatics Recreation Team (DART) or the New England Barracudas Swimming Team (CUDA).

FROM SOUTH: Take route 128 North to Exit 24 (Route 30 exit). At top of ramp take a left onto route 30 West (Commonwealth Avenue in Newton) Signs to Wayland/Weston. At the fifth set of lights take a right on Wellesley Street. Regis College will be on your left. Turn left into second entrance and follow to large parking lot. The pool is

adjacent to the parking lot in brick building market Athletic Facility. FROM NORTH: Same as above or Take route 128 South to Exit 26 (Route 20). Follow Route 20 west until you come to Wellesley Street (signs for Regis College) take a left. Follow Wellesley Street and signs for Regis College. Regis College will be on your right. Turn into first entrance and follow to large parking lot. The pool is adjacent to the parking lot.

MAKE UP CLASSES: Classes will be canceled only in the event of a pool failure and then only at the discretion of the director. If Diversified Aquatics cancel a lesson, an additional class will be added at their discretion. Make-ups will not be available for classes that were not canceled by the director (i.e. absence, sickness, permanent withdrawal etc.) There is no guarantee implied or otherwise that a particular instructor will be available to teach a particular class.

WHAT IS SWIMAMERICA?

SwimAmerica is the state of the art learn-to-swim program developed by the American Swimming Coaches Association to provide the finest learn-to-swim progression in the world. The program uses a station teaching method that allows students to progress at their own rate. Each station represents one or more well defined skills. Once the swimmer has mastered the station's skills, he/she is graduated to the next station.

Diversified Aquatics was the first program to offer SwimAmerica in the Boston area. Diversified Aquatics (D.A.) has one of the top developmental swimming programs in New England. Diversified Aquatics will provide the instructors to teach the SwimAmerica program at Regis College. (for directions, please see www.diversifiedaquatics.com) Reid Christen, owner of Diversified Aquatics, has 25 years of experience coaching and teaching swimming. His staff has been carefully chosen from the best coaches and swimmers in the area and professionally trained.

SCHEDULE

Regis College Pool

Fall and Winter Evening Schedule: Mon, Tue, Wed, Thu.
 PRE 1: 5:30 PM Level 1, 2: 5:30 PM Level 3, 4: 6:00 PM Level 5, 6, 7: 6:30 PM

DIRECTIONS